





















# AL-HADI SCHOOL

September 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<u>1</u> <ul style="list-style-type: none"> <li>Chinese Fried Rice</li> <li>Sesame Chicken</li> <li>Milk /Fruit / Dessert</li> </ul> 	<u>2</u> <ul style="list-style-type: none"> <li>Beef or Chicken Kabab</li> <li>White Rice / Pita Bread</li> <li>Garden Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 
<u>5</u> <p><b>Labor Day</b></p> <p><b>School &amp; Day Care Closed</b></p>	<u>6</u> <ul style="list-style-type: none"> <li>Baked Chicken &amp; Rice</li> <li>Green Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 	<u>7</u> <ul style="list-style-type: none"> <li>Spaghetti with Meat Sauce</li> <li>Carrot Sticks</li> <li>Milk</li> <li>Fruit/ Dessert</li> </ul> 	<u>8</u> <ul style="list-style-type: none"> <li>Penne Pasta</li> <li>Garlic Bread</li> <li>Green Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 	<u>9</u> <ul style="list-style-type: none"> <li>Beef or Chicken Kabab</li> <li>White Rice / Pita Bread</li> <li>Garden Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 
<u>12</u> <p><b>Eid-ul-Adha</b></p> <p><b>School &amp; Day Care Closed</b></p>	<u>13</u> <ul style="list-style-type: none"> <li>Chicken Pilau w/ Yogurt</li> <li>Green Salad</li> <li>Milk / Fruit</li> </ul> 	<u>14</u> <ul style="list-style-type: none"> <li>Tacos with Ground Beef</li> <li>Corn</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 	<u>15</u> <ul style="list-style-type: none"> <li>Chicken Sandwich</li> <li>Spring Roll</li> <li>Milk / Fruit</li> </ul> 	<u>16</u> <ul style="list-style-type: none"> <li>Beef or Chicken Kabab</li> <li>White Rice / Pita Bread</li> <li>Garden Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 
<u>19</u> <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Cheese Sticks</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 	<u>20</u> <ul style="list-style-type: none"> <li>Ground Beef w/ Rice &amp; Yogurt</li> <li>Green Salad</li> <li>Milk / Fruit / Dessert</li> </ul> 	<u>21</u> <ul style="list-style-type: none"> <li>Beef Burger</li> <li>French Fries</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 	<u>22</u> <ul style="list-style-type: none"> <li>Baked Chicken</li> <li>Macaroni &amp; Cheese</li> <li>Desert/Fruit</li> <li>Milk</li> </ul> 	<u>23</u> <ul style="list-style-type: none"> <li>Beef or Chicken Kabab</li> <li>White Rice / Pita Bread</li> <li>Garden Salad</li> <li>Milk</li> <li>Fruit / Dessert</li> </ul> 
<u>26</u> <ul style="list-style-type: none"> <li>Chicken Sandwich</li> <li>Spring Roll</li> <li>Milk / Fruit</li> </ul> 	<u>27</u> <ul style="list-style-type: none"> <li>Lasagna</li> <li>Garlic Bread</li> <li>Fruit / Dessert / Milk</li> </ul> 	<u>28</u> <ul style="list-style-type: none"> <li>Fried Chicken ( K.F.C ) Style</li> <li>Dinner Roll</li> <li>Mashed Potatoes</li> <li>Fruit / Dessert / Milk</li> </ul> 	<u>29</u> <ul style="list-style-type: none"> <li>Penne Pasta</li> <li>Garlic Bread</li> <li>Green Salad</li> <li>Milk / Fruit / Dessert</li> </ul> 	<u>30</u> <ul style="list-style-type: none"> <li>Beef or Chicken Kabab</li> <li>White Rice / Pita Bread</li> <li>Garden Salad</li> <li>Milk / Fruit / Dessert</li> </ul> 

Management reserves the right to make substitutions based upon unavailability of menu items.